



# Anti-Doping Singapore

## ATHLETE RETIREMENT NOTIFICATION

Athlete Information	
Surname: _____	Given Names: _____
<input type="checkbox"/> Male <input type="checkbox"/> Female	Date of Birth (dd/mm/yyyy): _____
Address: _____	
Country: _____	Postal Code: _____
Telephone: _____ (H) _____ (O) _____ (HP)	
Email: _____	
Sport: _____	Discipline: _____
National Sports Association (NSA): _____	

I hereby certify that I have decided to retire from sport and I request that my name be removed from the ADS Registered Testing Pool / Domestic Testing Pool\*.

I also acknowledge that I am aware of Article 5.6 of the ADS Anti-Doping Rule which states that athletes who retire from sport while in the ADS testing pool:

- (a) shall not compete in any International or National events in any sport when in retirement, and that any competition results obtained will be disqualified;
- (b) are required to provide written notice to ADS at least six (6) months' before returning to competition;
- (c) must make themselves available for testing for a period of six (6) months before returning to competition; and
- (d) must comply with whereabouts requirements of the International Standard for Testing and Investigations.

\_\_\_\_\_  
Signature of Athlete

\_\_\_\_\_  
Date

For Athletes who are Minors (below 18 years old):

\_\_\_\_\_  
Name & Signature of Parent / Guardian

\_\_\_\_\_  
Date

Please complete this form legibly and return to **Anti-Doping Singapore:**  
**3 Stadium Drive, Singapore 397630**  
**Email: [ContactUs@ads.gov.sg](mailto:ContactUs@ads.gov.sg)**

\* Delete where applicable